



TRAUMA AND RESILIENCE: OBJECT RELATIONS VIEW

Workshop at NAAP'S October 22nd, 2012 Annual Conference @ The NY
Marriott Downtown

Workshop Series II (3:40-5:10)

Workshop Leader: **Susan Kavalier-Adler**, PhD, ABPP, Litt.D., NCPsyA

This workshop will be both theoretical and experiential. The workshop leader will share brief case examples related to psychological **trauma due to date rape, demon lover complex, fear of success, addiction, and early incest.**

Discussion will include: 1) **internal world dramas** that are re-played repeatedly in the external world until the trauma is experienced, understood, and worked through in object relations psychoanalytic approach; 2) **schizoid, narcissistic, and hysterical character defenses** that are related to the time of the *developmental arrest caused by the trauma*; 3) **psychic capacities** that allowed for resilience and recovery in each of the traumatized subjects and how these capacities were revived and revitalized by a *developmental mourning process*, when they were partially dissociated through the trauma itself.

In **experiential portion of the workshop**, Dr. Kavalier-Adler will lead a guided psychic visualization to help each workshop participant to go into their own internal worlds and have a dialogue with someone in that world about a past trauma in their own lives. Those who wish to share their internal world experience with the workshop group will be invited to do so.



Bio: *Susan Kavalier-Adler*, Ph.D., ABPP, D.Litt, NCPsyA is the Founder and Executive Director of the Object Relations Institute for Psychotherapy and Psychoanalysis (www.orinyc.org). She has practiced as a psychologist and psychoanalyst for over 35 years. She is the author of three books and 60 peer-reviewed articles. Her third book, *Mourning, Spirituality and Psychic Change: A New Object Relations View of Psychoanalysis*, won the National Gradiva Award in 2004. Her two earlier books are: *The Compulsion to Create: Women Writers and Their Demon Lovers* (Routledge 1993, Other Press, 2000), and *The Creative Mystique: From Red Shoes Frenzy to Love and Creativity* (Routledge, 1996). Her two new upcoming books are: *Klein-Winnicott Dialectic* and *Anatomy of Regret*. Visit www.kavaleradler.com.

To register, please contact NAAP through the web (www.NAAP.org); by phone (212-741-0515) or fax (212-366-4347).